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George,

Here is the info on my talk for the workshop. Sorry if I have slowed you down – I didn't know you were on a rapid time frame at first. Thanks for including me in the workshop. . . . . Reg H.

Title:

Transformational Psychotherapy and Hypnosis: Contributions from Esoteric Literature

Presenter:

Reginald B. Humphreys, Ph.D. (solo presenter)

Workshop Learning Objectives:

- Participants will possess a basic understanding of how and why to incorporate considerations of spirituality in psychotherapy and hypnosis
- Participants will be able to recognize an array of problems which indicate the need for a focus on spiritual development
- Participants will have a basic familiarity with selected clinical tools and approaches for addressing spirituality within psychotherapy, health care, and clinical hypnosis

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DISSOCIATION AND HYPNOSIS

Colin A. Ross, M.D.

March 23, 2004

In this talk, Dr. Ross will define four different meanings of the word dissociation and three meanings of the word repression. He will then discuss the relationship between dissociation and hypnotizability, keeping the different meanings of dissociation in mind. Numerous studies demonstrate that correlations between measures of dissociation and measures of hypnotizability are very low in the general population. However, although there is no overall, general relationship, individuals with high dissociation scores usually have high hypnotizability. Hypnotizability appears to be a trait prerequisite for entering complex dissociative states.

Objectives:

1. To define four different meanings of dissociation and three different meanings of repression.
2. To review the literature on the relationship between dissociation and hypnotizability.
3. To explore the implications of the literature and review current thinking about dissociation and hypnotizability.