North Texas Society of Clinical Hypnosis
ETHIC CEU'S
Mini Workshop- In Person
20 March, 2026 12-5 PM

Register at: northtexashypnosis.org

COST: Students: FREE
Attendees: $30: Members receive a DISCOUNT for the Fall Workshop
12700 Preston Rd.
#133, Dallas 75230

KNOWLEDGE/SKILL LEVEL OF PARTICIPANTS: Introductory. No previous hypnosis training is required

The North Texas Society of Clinical Hypnosis is pleased to announce a new event:

An Introduction to Hypnosis in Psychotherapy: The Ethics, Science and Art. This event will have three speakers and an opportunity to ask questions of speakers. This event will last 5 hrs. Whether you have some experience in hypnosis, or are newly investigating this evidence-based psychotherapeutic method you this course will provide you with:

- Learn from an attorney about ethical practices of savvy clinicians.
- Discover unique legal aspects of hypnosis in the legal and court systems
- Learn self-hypnosis
- Learn about the efficacy of using hypnosis
- And have your individual questions answered

Hypnosis has a rich academic and clinical history. The clinician who understands the underpinnings of hypnosis, e.g., how to fixate attention, depotentiate conscious sets, and cultivate unconscious searches, is better able to identify, elicit, and utilize these naturally occurring "states" to enrich the impact of their clinical work.

Much of what skilled clinicians do can be viewed through a hypnotic lens. Learn to incorporate hypnotic techniques for focused attention to hard to resolve issues including anxiety, depression, somatic concerns, and even performance enhancement. This program will highlight how hypnosis can have a great impact in your therapeutic strategy.

Whether you have a background in hypnosis or are simply curious, this course will provide a brief overview of hypnosis and then offer examples of how the principles that underlie the processes of hypnosis can be woven into one's clinical practice regardless of one's theoretical orientation.



Michael Puhl, Esq.
Ethical and Legal Challenges in Psychotherapy Practice-3 Ethic CEU



Roxanna Erickson-Klein, LPC
Self-Hypnosis: Principles, Skills, and Clinical Application-1 CEU



Debra Crown, LPC
From Evidence to Practice: The Efficacy of *Clinical Hypnosis-1 CEU*